

Step 5—Commence training tick when completed

Step 6—Go for a grading if you want

The instructors at the club will tell you when you are ready to go for a grading. This is usually done after an individual has spent a period of time training on basic technique and specific KATA appropriate to a belt level.

As with all Martial Art styles, intellectual property for developing the style and techniques belongs to the Head of Style. Our Head of Style is Sensei Takemori who lives in Japan. In recompense for developing the style, Sensei receives a portion of any grading fee charged.

Grading fees cover the cost of this intellectual property as well as dojo grading fees and the purchase of the relative belt that is achieved.

The following Grading fees apply from January 2010

Children up to 15years/ Full time students/ Pensioners

\$40.00—7th kyu to 1st kyu

\$50.00—sho dan and \$50.00 per dan thereafter e.g. 2nd = \$100

Adults

\$50.00—7th kyu to 4th kyu (blue belt)

\$60.00—3rd kyu (purple belt) to 1st kyu

\$100.00—sho dan and \$100.00 per dan thereafter up to max of \$500.00
e.g. 2nd = \$200

General information for new members. What does SEIKUKAN KARATE DO mean? Ans. Training hall under a clear blue sky.

Please see our website for further information www.seikukan.com



Seikukan Karate Club Wavell Heights Brisbane Incorporated

2010 Information Booklet

Contact Details: 56 Cressey Street, Wavell Heights, 4012
Ph. 07 3260 5956

Web: <http://www.seikukan.com>

E-mail: jonrawlings@seikukan.com

Club Management Committee:

PRESIDENT: Jon Rawlings **VICE-PRESIDENT:** Simon Munro

SECRETARY: Donna Robertson **TREASURER:** Michael Walker

COMMITTEE MEMBERS: Peter Whittington, Elizabeth Marshall,
Elizabeth Neil

INSTRUCTORS: Head Instructor:	Jon Rawlings 5th Dan
Deputy Head Instructor:	Rod Taylor 5th Dan
Assistant Instructors:	Simon Munro 4th Dan
	Jamie Levitt 3rd Dan
	Peter Whittington 2nd Dan
	Norm Williams 2nd Dan
	Jeff Landsdown 2nd Dan
	Matt Gallagher 2nd Dan

How to be part of the Seikukan Karate Club Wavell Heights Brisbane Incorporated (SKK)

Step 1—Become a member. tick when completed

Fill out the 2010 membership form attached to this booklet and return it to the club.

Payment of membership fees entitles you to become a full member of SKK for 1 year. The club uses these fees to cover the costs including; insurance, affiliation with Japan SKK Headquarters, affiliation with Queensland Karate Association (QKA), affiliation with Australian Karate Federation (AKF), maintenance of club premises, and any required administration.

Once you have become a member you are given a SKK badge for your GI and you are eligible to participate in all QKA and AKF tournaments and events. You also have access to the gym facilities on the second floor if you fill the club's requirements.

Seniors (18+) membership fees	\$160
Juniors/Full-time students	\$120

Membership fees are to be paid within 2 weeks of commencing training. For people that join during the year, a pro-rata payment will need to be made based on a the time of year e.g. join in June, pay 1/2 membership fee.

Step 2—Look at the schedule of training. tick when completed

The “session times” form is attached to this booklet, please look the times and decide on your training schedule. If you are not sure, please ask any of the club committee members listed on the front of this booklet or e-mail jonrawlings@seikukan.com or phone the club on 07 3260 5956.

Step 3—Choose your training sessions. tick when completed

It is recommended that at least 2 sessions a week are attended in order to progress.

Step 4—Decide on your payment method tick when completed

Training fees cover attendance at training and can be paid in a number of ways to suit each person's training schedule. There are a number of payment options available and these are listed below.

Member Type	Nightly	Monthly	School term	Annual
Seniors	\$10	\$70	\$200	\$750
Juniors	\$10	\$50	\$160	\$600
FT students	\$10	\$50	\$160	\$600

Please note that Term fees are payable at the start of each term and run in line with the Queensland State schools calendar.

SPECIAL DISCOUNT FOR ANNUAL FEES

MEMBERSHIP IS INCLUDED IN THE FEES IF YOU CHOOSE THE ANNUAL FEE PAYMENT METHOD BUT THIS MUST BE PAID BY 28th FEBRUARY 2010

Other discounts are available for family members if the annual fee is not chosen. A 10% discount will be given on membership. That is, if two juniors from the same family become members the fee will be:
 $2 \times \$120 = \240 less 10% = \$216

Parents of members who wish to be involved in the Healthy and Fit Families program (HAFF) whereby parents can access the new cardio vascular equipment in the gym, can enter the program by becoming a member for the year for \$30 for single membership and \$50 for dual membership (both parents/caregivers)

The clubs preferred payment method is EFT.
Account details: Commonwealth bank BSB 064 151 Acc 00901824
Please use all 15 character spaces when filling in details of transaction and abbreviate using the following: AF for annual fees, TF for term fees, MF for monthly fees, MemF for membership fees, GF for grading fees, HFS for single (HAFF) membership, HFD for dual (HAFF) membership e.g. MFMemFmwalker or AFjrawlings or HFDegmarshall